

Coaching @ South Tees

Lola Atkinson

Please update your profile using the form below. The more information you provide, the easier it will be for the right people to find your profile. Fields in grey will be removed from client facing information

My General Profile Information	
First Name	Lola
Last Name	Atkinson
Email Address	Lorraine.atkinson1@nhs.net
Job title	Leadership Development Partner
Work type (e.g.) nursing, medicine, admin	Corporate
Department	Leadership & Improvement
Collaborative	Corporate
Telephone Number	X54182
Clinical Background	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No

My Coaching Profile

Qualification, level and experience, please indicate yes to those applicable

- ILM5 (The Institute of Leadership & Management)
- ILM7 (The Institute of Leadership & Management)
- ACC (Associate Certified Coach)
- PCC (Professional Certified Coach)
- ICF (International Coach Federation)
- ICTA Foundation - Individual Team Coaching Accreditation (International Coach and Trainer Association)
- EQA (European Quality Award)
- EIA (European Individual Accreditation)
- Foundation
- Senior
- Master
- In Training
- Level 5 Coaching Professional apprenticeship
- None
- Other

Any other skills you would like to record

- Insights Discovery
- 360 Degree Feedback (Healthcare Leadership Model (HLM))
- Action Learning
- Affina OD Team Coaching
- Belbin
- Coaching Supervisor
- MBTi
- DISC
- NLP
- Team Coach (Qualified)
- Enneagram
- Hogan
- Saville Assessment
- Honey & Mumford

	<input type="checkbox"/> Firo-B <input checked="" type="checkbox"/> Group coaching <input type="checkbox"/> Schwartz rounds <input checked="" type="checkbox"/> Focus Groups <input checked="" type="checkbox"/> Compassionate Circles <input type="checkbox"/> Appreciative Inquiry <input type="checkbox"/> Process Mapping Force field analysis <input type="checkbox"/> Process Mapping Lean <input type="checkbox"/> Prince2 <input checked="" type="checkbox"/> SWOT <input checked="" type="checkbox"/> PESTLE <input type="checkbox"/> Other skills, tools, qualifications Please specify:
Are you currently registered with an Accredited coaching/mentoring Professional Body? Please select	<input type="checkbox"/> ICF (International Coach Federation) <input type="checkbox"/> EMCC (European Mentoring and Coaching Council) <input checked="" type="checkbox"/> ILM (The Institute of Leadership & Management) <input type="checkbox"/> AOC (Association of Coaching) <input type="checkbox"/> N/A <input type="checkbox"/> Other
Able to support (please select all that apply)	<input checked="" type="checkbox"/> Administration and Clerical <input checked="" type="checkbox"/> Chief Executive <input checked="" type="checkbox"/> Clinicians / Practitioners <input checked="" type="checkbox"/> Directors <input checked="" type="checkbox"/> Estate Staff <input checked="" type="checkbox"/> Exec Board Member <input checked="" type="checkbox"/> First line manager <input checked="" type="checkbox"/> Management Trainee <input checked="" type="checkbox"/> Graduate Management Trainees <input checked="" type="checkbox"/> Middle Managers eg, Dept / Service / Ward Managers

	<input checked="" type="checkbox"/> Network Lead <input checked="" type="checkbox"/> Non-Exec Board Member <input checked="" type="checkbox"/> Other National Leadership Academy Programme Participants <input checked="" type="checkbox"/> Primary care staff <input checked="" type="checkbox"/> Project Manager <input checked="" type="checkbox"/> Ready Now (National Programme Participants) <input checked="" type="checkbox"/> Senior Managers <input checked="" type="checkbox"/> Social care <input checked="" type="checkbox"/> Stepping Up (National Programme Participants) <input checked="" type="checkbox"/> Supervisors / Team Leaders
<p>I have experience in and am willing to work with a coachee to help them (please select all that apply)</p>	<input checked="" type="checkbox"/> Develop career direction and plan <input checked="" type="checkbox"/> Better understand the organisation and how to get things done <input checked="" type="checkbox"/> Develop actions and strategies for achieving outcomes in their work and how to get things done <input checked="" type="checkbox"/> Manage a transition into a new role / organisation <input checked="" type="checkbox"/> Review strengths and weaknesses and develop a self-development plan <input checked="" type="checkbox"/> Clarify outcomes, issues and goals <input checked="" type="checkbox"/> Health and Wellbeing <input checked="" type="checkbox"/> Review and support areas for professional and personal development <input checked="" type="checkbox"/> Consider a specific work-related topic or issue <input checked="" type="checkbox"/> Leading and managing change <input checked="" type="checkbox"/> Leadership and management development/performance <input checked="" type="checkbox"/> Communication, engagement and conflict <input checked="" type="checkbox"/> Assertiveness and confidence <input checked="" type="checkbox"/> Time management and personal effectiveness <input checked="" type="checkbox"/> Embedding learning from undertaking a Leadership Core Programme <input checked="" type="checkbox"/> Embedding learning from undertaking a training/development course <input checked="" type="checkbox"/> New to the NHS <input checked="" type="checkbox"/> Disputes, disagreements and relationships

	<input checked="" type="checkbox"/> Inclusion, diversity and staff networks <input checked="" type="checkbox"/> Personal effectiveness and interpersonal skills <input checked="" type="checkbox"/> Projects and programmes <input checked="" type="checkbox"/> Returning to work <input checked="" type="checkbox"/> Self-confidence and self esteem <input checked="" type="checkbox"/> Teams <input checked="" type="checkbox"/> Work-life balance <input checked="" type="checkbox"/> Other
Willing to enter into a coaching relationship of timescale (please select all that apply)	<input checked="" type="checkbox"/> Short term (e.g. one to six sessions in order to work through a reasonably specific issue and achieve a reasonably well-defined goal) <input type="checkbox"/> Medium term (e.g. up to a year in agreement with coachee, to work through a particular longer term goal, project and/or transition) <input type="checkbox"/> Long term (e.g. at different stages throughout a career) <input checked="" type="checkbox"/> Will consider a one-off coaching session (e.g. interview preparation)
Working days (please select all that apply)	<input checked="" type="checkbox"/> Monday <input checked="" type="checkbox"/> Tuesday <input checked="" type="checkbox"/> Wednesday <input checked="" type="checkbox"/> Thursday <input checked="" type="checkbox"/> Friday <input type="checkbox"/> Saturday <input type="checkbox"/> Sunday
If you are currently a member of a Staff Network and would like to record this on your profile, please indicate which Network(s) you are a member of (tick as many as are applicable)	<input type="checkbox"/> BAME network (Black, Asian and Ethnic Minority) <input type="checkbox"/> LGBT network (Lesbian Gay Bisexual and Transgender Plus) <input type="checkbox"/> DAWN network (Disability and Wellbeing) <input type="checkbox"/> Carers network <input type="checkbox"/> Women's network <input type="checkbox"/> Muslim network <input type="checkbox"/> Christian network <input type="checkbox"/> Equality Champions network <input type="checkbox"/> Menopause network

	<input type="checkbox"/> Multicultural network
<p>Please write a short bio – introducing yourself, this will be the information on your coaching event. Include any other information that may be useful to a potential coachee, for example your special areas of interest in coaching, your motivation to be a coach, coaching experience, number of coaching hours or clients to date etc.</p>	<p>Hello, my name is Lola and firstly I'd like to thank you for stopping by to read my profile.</p> <p>I have a love of coaching and have been supporting clients for around 10 years, both within my professional role within the NHS and in my own private practice.</p> <p>I have completed various coaching programs over the years including, Life Coaching, Assertiveness Coaching, Spiritual Coaching, Wellbeing Coaching and Business Coaching and have worked with numerous individuals and teams. Alongside my coaching portfolio I have a wide range of additional qualifications enabling me to provide a holistic approach to the clients I work with.</p> <p>I have a passion for helping others achieve their goals and I take a great deal of care and pride in helping my clients achieve positive outcomes. I particularly enjoying interview coaching and coaching in compassionate leadership as well as continuous personal development.</p> <p>I'm warm, caring, down to earth and compassionate and genuinely love connecting with and working with others, helping them find balance and happiness in all areas of their lives to support their health and wellbeing. If I sound like a good match for your requirements, then let's arrange a no obligation chat.</p> <p>Warmest regards, Lola</p>