

# South Tees Coaching Network: Michelle Geldart

My General Information	
First Name	Michelle
Last Name	Geldart
Email Address	Michelle.geldart@nhs.net
Job title	Improvement Partner
Work type (e.g.) nursing, medicine, admin	Training
Department	Leadership and improvement team
Collaborative	STRIVE
Telephone Number	EX 57712
Clinical Background	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No

### My Coaching Profile

Please provide the following details specifically with regard to your coach profile

Qualification, level and experience	<input checked="" type="checkbox"/> Level 5 Coaching Professional apprenticeship
Other skills and accreditations	<input checked="" type="checkbox"/> Insights Discovery <input checked="" type="checkbox"/> 360 Degree Feedback (Healthcare Leadership Model (HLM)) <input type="checkbox"/> Action Learning <input type="checkbox"/> Belbin <input type="checkbox"/> Coaching Supervisor <input type="checkbox"/> MBTi <input type="checkbox"/> DISC <input type="checkbox"/> NLP <input type="checkbox"/> Team Coach (Qualified) <input type="checkbox"/> Enneagram <input type="checkbox"/> Hogan <input type="checkbox"/> Saville Assessment <input type="checkbox"/> Honey & Mumford <input type="checkbox"/> Firo-B <input type="checkbox"/> Group coaching <input type="checkbox"/> Schwartz rounds <input checked="" type="checkbox"/> Focus Groups <input type="checkbox"/> Compassionate Circles <input type="checkbox"/> Appreciative Inquiry <input type="checkbox"/> Process Mapping Force field analysis <input type="checkbox"/> Process Mapping Lean <input type="checkbox"/> Prince2 <input type="checkbox"/> SWOT <input type="checkbox"/> PESTLE
Current registration with an Accredited coaching/mentoring	<input type="checkbox"/> ICF (International Coach Federation) <input type="checkbox"/> EMCC (European Mentoring and Coaching Council)

Professional Body? Please select	<input type="checkbox"/> ILM (The Institute of Leadership & Management) <input type="checkbox"/> AOC (Association of Coaching) <input type="checkbox"/> N/A <input type="checkbox"/> Other
Able to support (please select all that apply)	<input checked="" type="checkbox"/> Administration and Clerical <input type="checkbox"/> Chief Executive <input checked="" type="checkbox"/> Clinicians / Practitioners <input type="checkbox"/> Directors <input checked="" type="checkbox"/> Estate Staff <input type="checkbox"/> Exec Board Member <input type="checkbox"/> First line manager <input type="checkbox"/> Management Trainee <input type="checkbox"/> Graduate Management Trainees <input checked="" type="checkbox"/> Middle Managers eg, Dept / Service / Ward Managers <input type="checkbox"/> Network Lead <input type="checkbox"/> Non-Exec Board Member <input type="checkbox"/> Other National Leadership Academy Programme Participants <input checked="" type="checkbox"/> Primary care staff <input checked="" type="checkbox"/> Project Manager <input type="checkbox"/> Ready Now (National Programme Participants) <input type="checkbox"/> Senior Managers <input type="checkbox"/> Social care <input type="checkbox"/> Stepping Up (National Programme Participants) <input checked="" type="checkbox"/> Supervisors / Team Leaders
I have experience in and am willing to work with a coachee to help them (please select all that apply)	<input checked="" type="checkbox"/> Develop career direction and plan <input type="checkbox"/> Better understand the organisation and how to get things done <input checked="" type="checkbox"/> Develop actions and strategies for achieving outcomes in their work and how to get things done <input checked="" type="checkbox"/> Manage a transition into a new role / organisation <input checked="" type="checkbox"/> Review strengths and weaknesses and develop a self-development plan <input checked="" type="checkbox"/> Clarify outcomes, issues and goals

	<input type="checkbox"/> Health and Wellbeing <input checked="" type="checkbox"/> Review and support areas for professional and personal development <input checked="" type="checkbox"/> Consider a specific work-related topic or issue <input checked="" type="checkbox"/> Leading and managing change <input type="checkbox"/> Leadership and management development/performance <input checked="" type="checkbox"/> Communication, engagement and conflict <input checked="" type="checkbox"/> Assertiveness and confidence <input checked="" type="checkbox"/> Time management and personal effectiveness <input type="checkbox"/> Embedding learning from undertaking a Leadership Core Programme <input type="checkbox"/> Embedding learning from undertaking a training/development course <input checked="" type="checkbox"/> New to the NHS <input checked="" type="checkbox"/> Disputes, disagreements and relationships <input type="checkbox"/> Inclusion, diversity and staff networks <input checked="" type="checkbox"/> Personal effectiveness and interpersonal skills <input checked="" type="checkbox"/> Projects and programmes <input type="checkbox"/> Returning to work <input checked="" type="checkbox"/> Self-confidence and self esteem <input type="checkbox"/> Teams <input checked="" type="checkbox"/> Work-life balance <input type="checkbox"/> Other
Willing to enter into a coaching relationship of timescale (please select all that apply)	<input checked="" type="checkbox"/> Short term (e.g. one to six sessions in order to work through a reasonably specific issue and achieve a reasonably well-defined goal) <input checked="" type="checkbox"/> Medium term (e.g. up to a year in agreement with coachee, to work through a particular longer term goal, project and/or transition) <input checked="" type="checkbox"/> Long term (e.g. at different stages throughout a career) Will consider a one-off coaching session (e.g. interview preparation)
Working days (please select all that apply)	<input checked="" type="checkbox"/> Monday <input checked="" type="checkbox"/> Tuesday

	<input checked="" type="checkbox"/> Wednesday <input checked="" type="checkbox"/> Thursday <input type="checkbox"/> Friday <input type="checkbox"/> Saturday <input type="checkbox"/> Sunday
Any other information that may be useful to a potential coachee	I am a newly qualified coach and am keen to continue my coaching journey through embedding a coaching culture within South Tees. I am an Occupational Therapist in background therefore understand the importance of reaching optimal daily living performance for health and wellbeing. I am therefore passionate about utilising a coaching approach to supporting individuals to reach their performance goals whatever they may be.
Number of coaching relationships I am willing to have at any one time	<input type="checkbox"/> 1 <input checked="" type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5
Actively seeking coaching relationships	I am actively seeking coachees at present <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No