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| **My General Profile Information** |
| First Name | MONICA |
| Last Name | HANSRANI |
| Email Address | Monica.hansrani@nhs.net |
| Job title | Consultant Vascular Surgeon |
| Work type (e.g.) nursing, medicine, admin | medicine |
| Department | Vascular |
| Collaborative | Cardiovascular specialist services |
| Telephone Number | 07967317150 |
| Clinical Background  | [x]  Yes [ ]  No |
| Work Band |  |
| Send a Profile Photo | Please email to stees.coaching@nhs.net  |
| Consent to storage and use of your personal data (Yes/ No) | You give consent for your personal information to be held on this system.[x]  Yes [ ]  No |

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| **My Coaching Profile**Please provide the following details specifically with regard to your coach profile |
| Qualification, level and experience, please indicate yes to those applicable | [x] ILM5 (The Institute of Leadership & Management)[ ] ILM7 (The Institute of Leadership & Management)[ ] ACC (Associate Certified Coach)[ ] PCC (Professional Certified Coach) [ ] ICF (International Coach Federation)[ ] ICTA Foundation - Individual Team Coaching Accreditation (International Coach and Trainer Association)[ ] EQA (European Quality Award)[ ] EIA (European Individual Accreditation[ ] Foundation[ ] Senior[ ] Master[ ] In Training[ ] Level 5 Coaching Professional apprenticeship[ ] None[ ] Other |
| Date specified qualification completed (dd/mm/yyyy) | 11/05/2021 |
| Proof of qualification | Please send certificate copy to stees.coaching@nhs.net |
| Any other skills you would like to record |  [ ] Insights Discovery [ ] 360 Degree Feedback (Healthcare Leadership Model (HLM)) [ ] Action Learning [ ] Affina OD Team Coaching [ ] Belbin [ ] Coaching Supervisor [ ] MBTi [ ] DISC [ ] NLP [ ] Team Coach (Qualified) [ ] Enneagram [ ] Hogan [ ] Saville Assessment [ ] Honey & Mumford [ ] Firo-B [ ] Group coaching [ ] Schwartz rounds [ ] Focus Groups [ ] Compassionate Circles [ ] Appreciative Inquiry [ ] Process Mapping Force field analysis [ ] Process Mapping Lean [ ] Prince2 [ ] SWOT [ ] PESTLE [ ] Other skills, tools, qualificationsPlease specify:  |
| Are you currently registered with an Accredited coaching/mentoring Professional Body? Please select | [ ] ICF (International Coach Federation)[ ] EMCC (European Mentoring and Coaching Council)[x] ILM (The Institute of Leadership & Management)[ ] AOC (Association of Coaching)[ ] N/A[ ] Other |
| Able to support (please select all that apply) | [x] Administration and Clerical[ ] Chief Executive[x] Clinicians / Practitioners[ ] Directors[x] Estate Staff[ ] Exec Board Member[x] First line manager[x] Management Trainee[x] Graduate Management Trainees[x] Middle Managers eg, Dept / Service / Ward Managers[ ] Network Lead[ ] Non-Exec Board Member[ ] Other National Leadership Academy Programme Participants[x] Primary care staff[ ] Project Manager[ ] Ready Now (National Programme Participants)[ ] Senior Managers[x] Social care[ ] Stepping Up (National Programme Participants)[x] Supervisors / Team Leaders |
| I have experience in and am willing to work with a coachee to help them (please select all that apply) | [x] Develop career direction and plan[x] Better understand the organisation and how to get things done[x] Develop actions and strategies for achieving outcomes in their work and how to get things done[x] Manage a transition into a new role / organisation[x] Review strengths and weaknesses and develop a self-development plan[x] Clarify outcomes, issues and goals[x] Health and Wellbeing[x] Review and support areas for professional and personal development[x] Consider a specific work-related topic or issue[x] Leading and managing change[ ] Leadership and management development/performance[x] Communication, engagement and conflict[x] Assertiveness and confidence[x] Time management and personal effectiveness[ ] Embedding learning from undertaking a Leadership Core Programme[ ] Embedding learning from undertaking a training/development course[ ] New to the NHS[x] Disputes, disagreements and relationships[x] Inclusion, diversity and staff networks[x] Personal effectiveness and interpersonal skills[x] Projects and programmes[x] Returning to work[x] Self-confidence and self esteem[x] Teams[x] Work-life balance[ ] Other |
| Willing to enter into a coaching relationship of timescale (please select all that apply) | [x] Short term (e.g. one to six sessions in order to work through a reasonably specific issue and achieve a reasonably well-defined goal)[ ] Medium term (e.g. up to a year in agreement with coachee, to work through a particular longer term goal, project and/or transition)[ ] Long term (e.g. at different stages throughout a career) Will consider a one-off coaching session (e.g. interview preparation) |
| Working days (please select all that apply) | [x] Monday[x] Tuesday[x] Wednesday[x] Thursday[x] Friday[ ] Saturday[ ] Sunday |
| If you are currently a member of a Staff Network and would like to record this on your profile, please indicate which Network(s) you are a member of (tick as many as are applicable) | [x] BAME network (Black, Asian and Ethnic Minority)[ ] LGBT network (Lesbian Gay Bisexual and Transgender Plus)[ ] DAWN network (Disability and Wellbeing)[ ] Carers network[ ] Women’s network[ ] Muslim network[ ] Christian network[ ] Equality Champions network[ ] Menopause network[ ] Multicultural network |
| Please write a short bio – introducing yourself, this will be the information on your coaching event. Include any other information that may be useful to a potential coachee, for example your special areas of interest in coaching, your motivation to be a coach, coaching experience, number of coaching hours or clients to date etc. | I am a qualified surgeon with almost 30 years of experience as a doctor, but like to think that I am a human being first. I am a mother and have experience in managing a good home/life balance and working in teams. I have an interest in cognitive behavioural therapy and provide CBT techniques as part of my coaching support. I have done a lot of work with individuals at moments of transition of their lives, working with new teams and setting up new projects, but have also worked with individuals looking to improve their personal effectiveness/efficiency and interpersonal skills and leadership skills. I am also a qualified mentor.  |
| Number of coaching relationships I am willing to have at any one time | [ ] 1[x] 2[ ] 3[ ] 4[ ] 5 |
| Actively seeking coaching relationships | I am actively seeking coachees at present[x]  Yes [ ]  No |