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| **My General Profile Information** | |
| First Name | MONICA |
| Last Name | HANSRANI |
| Email Address | Monica.hansrani@nhs.net |
| Job title | Consultant Vascular Surgeon |
| Work type (e.g.) nursing, medicine, admin | medicine |
| Department | Vascular |
| Collaborative | Cardiovascular specialist services |
| Telephone Number | 07967317150 |
| Clinical Background | Yes  No |
| Work Band |  |
| Send a Profile Photo | Please email to [stees.coaching@nhs.net](mailto:stees.coaching@nhs.net) |
| Consent to storage and use of your personal data (Yes/ No) | You give consent for your personal information to be held on this system.  Yes  No |

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| **My Coaching Profile**  Please provide the following details specifically with regard to your coach profile | |
| Qualification, level and experience, please indicate yes to those applicable | ILM5 (The Institute of Leadership & Management)  ILM7 (The Institute of Leadership & Management)  ACC (Associate Certified Coach)  PCC (Professional Certified Coach)  ICF (International Coach Federation)  ICTA Foundation - Individual Team Coaching Accreditation (International Coach and Trainer Association)  EQA (European Quality Award)  EIA (European Individual Accreditation  Foundation  Senior  Master  In Training  Level 5 Coaching Professional apprenticeship  None  Other |
| Date specified qualification completed (dd/mm/yyyy) | 11/05/2021 |
| Proof of qualification | Please send certificate copy to [stees.coaching@nhs.net](mailto:stees.coaching@nhs.net) |
| Any other skills you would like to record | Insights Discovery  360 Degree Feedback (Healthcare Leadership Model (HLM))  Action Learning  Affina OD Team Coaching  Belbin  Coaching Supervisor  MBTi  DISC  NLP  Team Coach (Qualified)  Enneagram  Hogan  Saville Assessment  Honey & Mumford  Firo-B  Group coaching  Schwartz rounds  Focus Groups  Compassionate Circles  Appreciative Inquiry  Process Mapping Force field analysis  Process Mapping Lean  Prince2  SWOT  PESTLE  Other skills, tools, qualifications  Please specify: |
| Are you currently registered with an Accredited coaching/mentoring Professional Body? Please select | ICF (International Coach Federation)  EMCC (European Mentoring and Coaching Council)  ILM (The Institute of Leadership & Management)  AOC (Association of Coaching)  N/A  Other |
| Able to support (please select all that apply) | Administration and Clerical  Chief Executive  Clinicians / Practitioners  Directors  Estate Staff  Exec Board Member  First line manager  Management Trainee  Graduate Management Trainees  Middle Managers eg, Dept / Service / Ward Managers  Network Lead  Non-Exec Board Member  Other National Leadership Academy Programme Participants  Primary care staff  Project Manager  Ready Now (National Programme Participants)  Senior Managers  Social care  Stepping Up (National Programme Participants)  Supervisors / Team Leaders |
| I have experience in and am willing to work with a coachee to help them (please select all that apply) | Develop career direction and plan  Better understand the organisation and how to get things done  Develop actions and strategies for achieving outcomes in their work and how to get things done  Manage a transition into a new role / organisation  Review strengths and weaknesses and develop a self-development plan  Clarify outcomes, issues and goals  Health and Wellbeing  Review and support areas for professional and personal development  Consider a specific work-related topic or issue  Leading and managing change  Leadership and management development/performance  Communication, engagement and conflict  Assertiveness and confidence  Time management and personal effectiveness  Embedding learning from undertaking a Leadership Core Programme  Embedding learning from undertaking a training/development course  New to the NHS  Disputes, disagreements and relationships  Inclusion, diversity and staff networks  Personal effectiveness and interpersonal skills  Projects and programmes  Returning to work  Self-confidence and self esteem  Teams  Work-life balance  Other |
| Willing to enter into a coaching relationship of timescale (please select all that apply) | Short term (e.g. one to six sessions in order to work through a reasonably specific issue and achieve a reasonably well-defined goal)  Medium term (e.g. up to a year in agreement with coachee, to work through a particular longer term goal, project and/or transition)  Long term (e.g. at different stages throughout a career)  Will consider a one-off coaching session (e.g. interview preparation) |
| Working days (please select all that apply) | Monday  Tuesday  Wednesday  Thursday  Friday  Saturday  Sunday |
| If you are currently a member of a Staff Network and would like to record this on your profile, please indicate which Network(s) you are a member of (tick as many as are applicable) | BAME network (Black, Asian and Ethnic Minority)  LGBT network (Lesbian Gay Bisexual and Transgender Plus)  DAWN network (Disability and Wellbeing)  Carers network  Women’s network  Muslim network  Christian network  Equality Champions network  Menopause network  Multicultural network |
| Please write a short bio – introducing yourself, this will be the information on your coaching event. Include any other information that may be useful to a potential coachee, for example your special areas of interest in coaching, your motivation to be a coach, coaching experience, number of coaching hours or clients to date etc. | I am a qualified surgeon with almost 30 years of experience as a doctor, but like to think that I am a human being first. I am a mother and have experience in managing a good home/life balance and working in teams. I have an interest in cognitive behavioural therapy and provide CBT techniques as part of my coaching support. I have done a lot of work with individuals at moments of transition of their lives, working with new teams and setting up new projects, but have also worked with individuals looking to improve their personal effectiveness/efficiency and interpersonal skills and leadership skills. I am also a qualified mentor. |
| Number of coaching relationships I am willing to have at any one time | 1  2  3  4  5 |
| Actively seeking coaching relationships | I am actively seeking coachees at present  Yes  No |