

Commercial Events



Prospectus

Updated December 2025

A range of commercial courses delivering education and training to individuals who want to enhance their knowledge, skills, and best practices within healthcare.



Website

<http://events.southtees@nhs.net>



Email

uht.events@nhs.net

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Training Information

Face-to-face delivery

We offer a diverse range of courses and workshops at our University Hospitals Tees teaching facilities based in Middlesbrough, Stockton, Hartlepool and Northallerton or at any local or national venue appropriate for delivery.



A key advantage of attending our face-to-face sessions are the practical components, which provide participants with valuable hands-on experience to enhance their skills and confidence.



Virtual delivery

A working camera and microphone on your device are required to participate in our online training sessions or relevant access codes to one of our learning management systems.

Full instructions on how to access the session will be provided in advance.



Face to Face



Delivered Virtually

Accreditation

We pride ourselves in delivering first-class training and education, with our courses achieving the highest standard of accreditation through an appropriate awarding body.



All course materials will be provided, and a certificate of attendance will be issued. Formal certificates will be issued where necessary through any awarding body.

Location of delivery

A range of delivery options are available from our own venues, external venues or organisational sites.

- Health and Social Care Academy – Hartlepool
- The James Cook University Hospital – Middlesbrough
- The Friarage Hospital – Northallerton
- North Tees Hospital – Stockton on Tees
- External venue – your own choice
- Onsite – organisational venue



In-house training

Flexible delivery

Opting for in-house training enables you to have training conducted exclusively for your team, either at your own organisation's premises, a venue of your choice, or remotely via a live online platform.



We save you time and money

Our in-house sessions can be more cost-effective for group training, as we price training at day rates.

Additionally, hosting training at your location helps reduce travel expenses and minimises time away from the workplace, allowing for more flexible and efficient learning.

We can tailor courses to suit your team

We offer bespoke training solutions customised to meet the unique needs of professional organisations. Our expert-led sessions are practical, engaging, and built around real-life examples relevant to your organisation and sector.

Why choose us?

Expert-led, flexible, and cost-effective training available across the UK and online

Over 240 training days held every year and a range of over 30 education, training, and events, we are confident that we can offer you a training solution suitable for your needs and within budget.

Your chosen training session held anywhere anytime!

Who can attend?

Our training is open to anyone who finds that the content is relevant to their field. Attendees are people who wish to update their current knowledge or learn new skills.

All training is delivered by a range of experts in their field with the ability to teach and pass on their knowledge to others.



Join our mailing list!



Get involved

Do you have a passion for developing people skills?

We specialise in designing and executing impactful educational sessions and training programmes.



From initial concept to flawless execution, we provide expert support in finance management, strategic planning, organisation, coordination, and event logistics.

Let us help you turn your ideas into successful, memorable experiences that inspire and empower!

Do you want to be part of our teaching faculty?

We are continually looking to expand our faculty to enhance our training offerings. If you're interested and have the expertise to teach others, please get in touch.

We'd love to hear from you!

Get in touch now!



Resuscitation

Advanced Life Support (ALS)

F2F

Duration: 15 hours

Target audience: All employees working in critical care areas, cardiac arrest bleep holders, medical emergency teams, and paramedics.

About: Theory and practical skills to effectively treat cardiorespiratory arrest, peri-arrest situations, and special circumstances. Prepare senior team members to treat a patient until transfer to a critical care area.

Learning outcomes:

- Recognition and treatment of the deteriorating patient using a structured ABCDE approach
- How to deliver standardised CPR in adults
- How to manage a cardiac arrest by working with a multidisciplinary team in an emergency

Accreditation: Resuscitation Council UK for 4 years

Cost: £450

Advanced Life Support (E-ALS)

F2F

Duration: 7.5 hours face-to-face, plus 7.5 hours e-learning

Target audience: All doctors and nurses working in critical care areas, cardiac arrest bleep holders, medical emergency teams and paramedics.

About: The E-ALS course lends a day of e-learning with a day of face-to-face practical learning. The course covers essential skills in resuscitation including delivery of adult CPR, recognition and management of the deteriorating patient and working in a team during emergency situations.

Learning outcomes:

- How to recognise and treat the deteriorating patient using a structured ABCDE approach
- How to deliver standardised CPR in adults
- Management of a cardiac arrest working with a multidisciplinary team in an emergency

Accreditation: Resuscitation Council UK for 4 years

Cost: £400

Advanced Paediatric Life Support (APLS)

F2F

Duration: 15 hours

Target audience: Medical and nursing background or those who have relevant working practice.

About: The APLS Course provides the knowledge and skills necessary for recognition and effective treatment and stabilisation of children with life threatening emergencies, using a structured, sequential approach.

Learning outcomes:

- Recognition and effective treatment and stabilisation of children with life threatening emergencies
- Effective treatments and stabilisation of children with life threatening emergencies
- The practical procedures necessary for effective management of childhood emergencies

Accreditation: Accredited through the Advanced Life Support Group

Cost: £600

Advanced Paediatric Life Support Recertification (APLS R)

F2F

Duration: 17.5 hours (10 hours online learning (VLE) and one day face-to-face)

Target audience: medical nursing background or those who have relevant working practice.

About: The APLS recertification course refreshes the knowledge and skills necessary for recognition and effective treatment and stabilisation of children with life-threatening emergencies, along with practicing the procedures necessary for effective management of childhood emergencies.

Learning outcomes:

- The knowledge and skills necessary for recognition and effective treatment and stabilisation of children with life-threatening emergencies
- The knowledge necessary for effective treatment and stabilisation of children with life-threatening emergencies
- The practical procedures necessary for effective management of childhood emergencies

Accreditation: Accredited through the Advanced Life Support Group

Cost: £400

Newborn Life Support (NLS)

Duration: 7.5 hours

Target audience: Those responsible for initiating resuscitation at birth

About: The background knowledge and skills to approach the management of a newborn infant during the first 10–20 minutes.

Learning outcomes:

- How to approach the management of a newborn infant during the first 10–20 minutes in a competent manner
- The processes underlying apnoea, bradycardia and poor condition at birth
- How to deliver practical airway management and ventilator support

Accreditation: Resuscitation Council UK

Cost: £225

Advanced Resuscitation of the Newborn Infant (ARNI)

Duration: 15 hours

Target audience: Targeted at critical care practitioners, theatre nurses, surgeons, anaesthetists, and surgical care practitioners.

About: A nationally recognised, specialist course that teaches a systematic approach to the rapid assessment and initial management of the newborn with worrying or life-threatening signs.

Learning outcomes:

- Assessment and management of the critically ill newborn infant
- Advanced skills including airways stations, and chest drain workshop
- Additional technical skills for events, including premature delivery and congenital abnormalities, including surgical and cardiac problems
- Non-technical skills including effective communication practices
- Structured simulations and debriefing on life-threatening emergencies occurring in newborn infants

Accreditation: Resuscitation Council UK

Cost: £500



Advanced Trauma Life Support (ATLS)

F2F

Duration: 15 hours

Target audience: Consultants, doctors and trainees during first or second year of specialist training.

About: A globally recognised course teaching a systematic process of trauma care for patients with life-threatening injuries.

Learning outcomes:

- Demonstrate refreshed knowledge of all principles of ATLS and its safe, reliable method for immediate management of the injured patient
- Continue to effectively use the standardised language of trauma care across the specialities that ATLS enables

Accreditation: Accredited by the Royal College of Surgeons

Cost: £750

Advanced Trauma Life Support Reverification (ATLS R)

F2F

Duration: 7.5 hours

Target audience: Consultants, doctors and trainees during first or second year of specialist training.

About: A one day revision course specially developed to allow candidates to reverify ATLS provider status.

Learning outcomes:

- The core principles of primary and secondary patient assessment
- How to rapidly establish priorities in trauma patients
- How to confidently practice a wide range of skills required for the assessment and treatment of patients with multiple injuries
- How to demonstrate the principles of ATLS based on a variety of moulage situations

Accreditation: Royal College of Surgeons

Cost: £550

Cardiac Advanced Life Support UK (CALS)

F2F

Duration: 7.5 hours

Target audience: Critical care practitioners, theatre nurses, surgeons, anaesthetists, doctors, scrub practitioners and surgical care practitioners.

About: CALS sets the standards of resuscitation for Post-Cardiac Surgery Patient, identifying a protocol specific to the risks associated post cardiac surgery. The course is delivered through a series of workshops, lectures and moulage stations.

Learning outcomes:

- To act with confidence to better treat critically ill cardiac patients using well validated cardiac arrest protocols, safely managing the patient
- To promote a team approach in caring for the post cardiac surgical patient with positive results
- Discuss 5 point plan
- Demonstrate successful CALS re-sternotomy in 5 minutes

Accreditation: Accredited through CALS UK

Cost: £125

Generic Instructors Course (GIC)

F2F

Duration: 15 hours

Target audience: Designed to train those candidates who have been identified as having Instructor Potential (IP) to teach on a provider course for RCUK and ALSG.

About: The GIC course is designed to provide prospective instructors with the essential skills to understand the nature of adult learning, meet the needs of individual learners and facilitate learning across different types of teaching modalities to allow learners to develop skills, knowledge and meet clear assessment criteria.

Learning outcomes:

- Continuous assessment to prepare a candidates ability to prepare, open, facilitate and close a number of teaching modalities
- Explore own progress constructively through learning conversations
- Completion to become an instructor candidate

Accreditation: Resuscitation Council UK

Cost: £650

European Trauma Course (ETC)

F2F

Duration: 22.5 hours

Target audience: Open to doctors and other medical health professionals side by side in multi-specialty teams. Applications are welcome from anyone involved in the care of major trauma patients including ST3 doctors and above, surgeons, anaesthetists, radiologists and experienced nurse practitioners from all specialities.

About: A programme designed for healthcare professionals to enhance their trauma skills using standardised team approaches to trauma patients.

Learning outcomes:

- MDT based training – every ETC reflects the multidisciplinary team available in local practice
- High faculty to participant ratio – our candidate to faculty ratio ensures each participant gets the attention they need
- Engaging the initial reception of major trauma patients, to learn and teach together as a team

Accreditation: Certificate issued through the European Trauma Council

Cost: £800

Child Protection: Recognition and Response

F2F

Duration: 22.5 hours

Target audience: Doctors in training (ST1-ST3), core trainees in paediatrics, emergency medicine and in general practice.

About: A nationally recognised course to combat child abuse and to protect children. The course aims to develop an individuals awareness and to notice what you are focusing on and notice what you are not focusing on.

Learning outcomes:

- Recognise signs and symptoms of the possible range of abuse and or neglect in children of all ages
- Respond competently and confidently, knowing what knowledge and skills are needed to recognise child abuse
- Know how to make a referral to the relevant agency or professional group and to find out the outcome of a referral
- Understand the importance of follow-up to the health and developmental outcome for the child

Accreditation: Accreditation through the ALSG

Cost: £225

Basic Life Support (BLS)

F2F

Duration: 3 hours

Target audience: Any individual who requires basic life support training within their job role.

About: Basic Life Support training to equip learners with the skills and knowledge to act in an emergency situation providing the casualty with critical life-saving assistance until support arrives.

Learning outcomes:

- CPR and AED skills
- Adult and paediatrics
- Choking algorithms
- Anaphylaxis algorithm

Accreditation: Resuscitation Council or FAIB

Cost: £60

Non Clinical Basic Life Support (BLS)

F2F

Duration: 3 hours

Target audience: Any non clinical individual who requires basic life support training within their job role.

About: Basic Life Support training to equip learners with the skills and knowledge to act in an emergency situation providing the casualty with critical life-saving assistance until support arrives.

Learning outcomes:

- CPR and AED skills
- Adult and paediatrics
- Choking algorithms
- Anaphylaxis algorithm

Accreditation: Resuscitation Council or FAIB

Cost: £60



Health & Safety

First aid at work

F2F

Duration: 22.5 hours

Target audience: For any individual that works in a workplace environment identified as low risk and needs an Emergency First Aid at Work qualification.

About: A three day first aid at work course covering comprehensive training for people to become a qualified first-aider at work. The course complies with Health and Safety (first aid) Regulations 1981 and updates learners of any change in practice and guidelines.

Learning outcomes:

- Role of the first aider in the workplace
- Management of a range of workplace injuries, assessment and response
- What should a first aid kit contain
- How should incidents be recorded and reported

Accreditation: FAIB

Cost: £250

Emergency first aid at work

F2F

Duration: 7.5 hours

Target audience: For any individual that works in a workplace environment identified as low risk and requires a Emergency First Aid at Work qualification.

About: This one day emergency first aid course is designed to equip participants with essential first aid skills needed to respond effectively in emergencies. It is designed to be concise and practical, making it suitable for workplaces, community groups, or individuals seeking a quick but comprehensive first aid certification.

Learning outcomes:

- Roles and responsibilities of a first aider
- What should a first aid kit contain
- How should incidents be recorded
- First aid in emergencies, assessing and responding

Accreditation: FAIB

Cost: £125

Paediatric first aid

F2F

Duration: 15 hours

Target audience: This course is particularly suitable for those working with or caring for children, such as childcare professionals, teachers, babysitters, or parents.

About: The paediatric first aid course is designed to equip individuals with the skills needed to provide emergency first aid to infants and young children. This course is particularly suitable for those working with or caring for children, such as childcare professionals, teachers, babysitters, or parents.

Learning outcomes:

- Basic Life Support (CPR) for Infants and Children
- Choking: Techniques to help a choking infant or child
- Managing Bleeding and Wounds: Treating minor and serious injuries
- Dealing with Shock: Recognizing signs and providing appropriate first aid
- Responding to Medical Emergencies: Including febrile seizures, asthma attacks, allergic reactions, and head injuries
- Safe Handling and Care: Guidance on safe rescue and moving techniques specific to children
- Use of Equipment: Such as infant and child-sized AEDs

Accreditation: FAIB (First Aid Industry Body)

Cost: £175

Emergency paediatric first aid

F2F

Duration: 6 hours

Target audience: Caregivers, childcare professionals, and parents

About: The Emergency Paediatric First Aid course is a condensed training program designed to equip essential skills to handle common emergencies involving infants and young children. It focuses on immediate first aid response in urgent situations, providing the confidence to act quickly and effectively.

Learning outcomes:

- Basic Life Support (CPR) for Infants and Children
- Choking: Recognizing and assisting infants and children who are choking
- Managing Minor Bleeds and Wounds: Including cuts, grazes, and nosebleeds
- Dealing with Shock: Recognizing signs and providing initial first aid
- Responding to Medical Emergencies: Such as febrile seizures, allergic reactions, and asthma attacks
- Emergency Action Planning: How to assess the situation and decide on the appropriate response

Accreditation: FAIB (First Aid Industry Body)

Cost: £125

Mental Health Awareness (MHA)

F2F

Duration: 3.5 hours

Target audience: All staff who want to increase their awareness in Mental Health for themselves or to support others.

About: .

Learning outcomes:

- Recognising possible signs and symptoms of a person who has mental ill-health
- Awareness of mental health and its stigma
- How to access help for those in crisis or need

Accreditation: FAIB (First Aid Industry Body)

Cost: £125

Workplace Mental Health Ambassador (WMH)

F2F

Duration: 7.5 hours

Target audience: Line managers, anyone responsible for staff wellbeing, anyone who wants to increase their awareness of mental health and wellbeing.

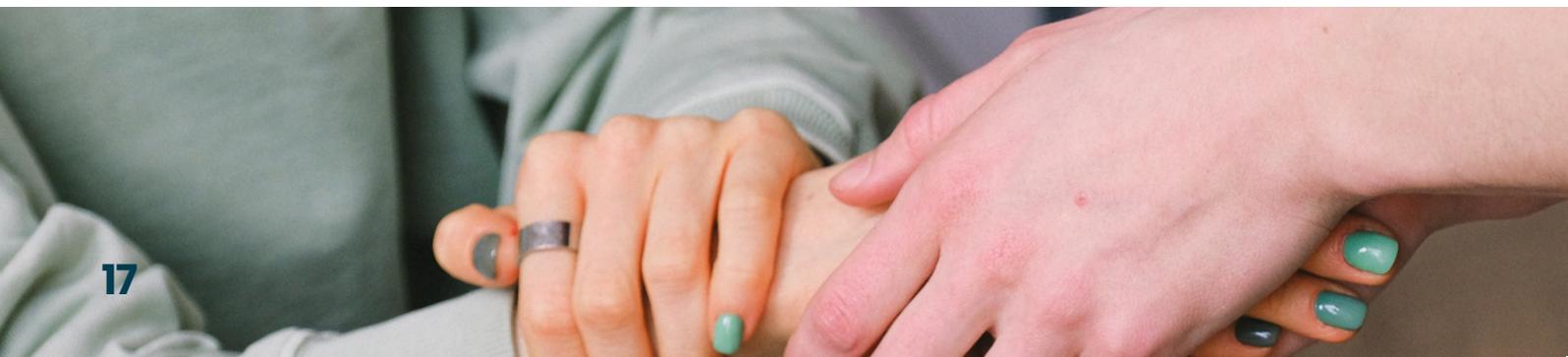
About:

Learning outcomes:

- Recognising possible signs and symptoms of a person that has mental ill-health or is suffering with stress
- Understanding mental health and its stigma
- Using mental health action plan to help those in crisis or need
- Finding external professional help and guidance
- The law in relation to mental health and the workplace
- Best practice in the workplace e.g. when helping someone to stay in work or return to work

Accreditation: FAIB (First Aid Industry Body)

Cost: £175



Workplace Mental Health and Wellbeing Ambassador (MHWB)

F2F

Duration: 15 hours

Target audience: Line managers, anyone responsible for staff wellbeing, anyone who wants to increase their awareness of mental health and wellbeing.

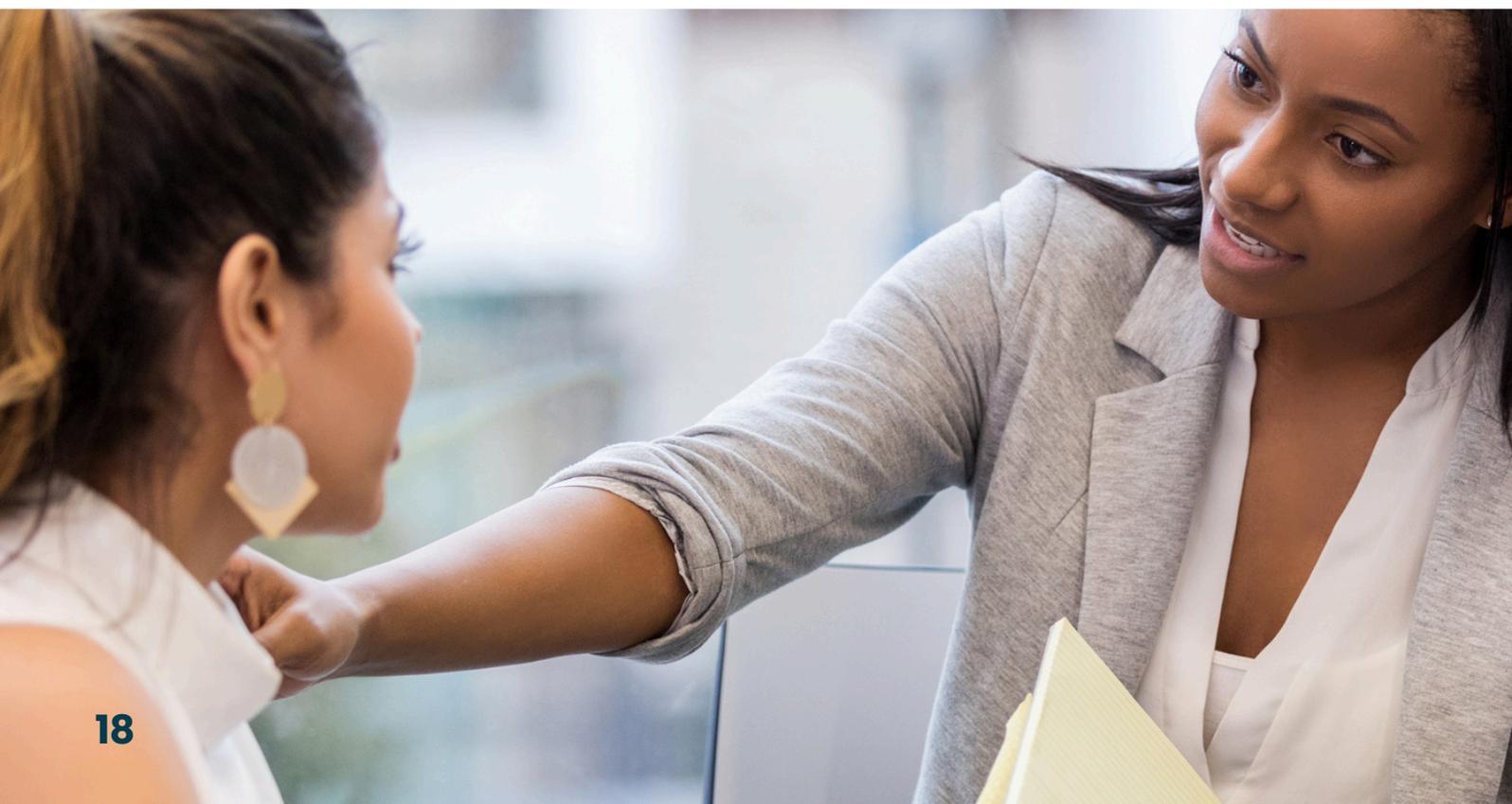
About:

Learning outcomes:

- Recognising possible signs and symptoms of a person that has mental ill-health or is suffering with stress
- Understanding mental health and its stigma
- Health inequalities
- Using a mental health plan to help those in crisis or need
- Finding external professional health and guidance
- The law in relation to mental health and the workplace
- Best practice when helping someone to stay in work or return to work
- Understanding of more complex mental health conditions
- Promoting well-being in the workplace and how you can become an ambassador for mental health and well-being
- Information on self-care to aid prevention to help others and yourself

Accreditation: FAIB (First Aid Industry Body)

Cost: £275



Neonatal

Advanced International Neonatal Workshop

F2F

Duration: 15 hours

Target audience: Consultants, doctors, nurses, ANNP's, nurse educators who have a shared interest in the care of newborn infants.

About: An annual workshop and conference to bring together neonatal healthcare professionals. Engaging scientific sessions addressing the most pressing topics in neonatology.

Learning outcomes:

- New or updated knowledge that can be applied to practice to improve care and patient outcomes for neonatal patients
- Enhance quality of care provided to neonates
- Develop relationships and networking opportunities throughout the neonatal community

Accreditation: Royal College of Paediatrics and Child Health (RCPCH)

Cost: £325



Ultrasound

FAMUS / FUSIC

F2F

Duration: 7.5 hours

Target audience: Healthcare professionals in Acute Medicine, Intensive Care, Emergency Medicine, and related fields looking to advance their ultrasound capabilities.

About: FAMUS (Focused Acute Medicine Ultrasound) and FUSIC (Focused Ultrasound in Intensive Care) Courses are designed to enhance the ultrasound skills of healthcare professionals in acute and intensive care settings. These courses focus on providing high-quality, practical training to improve patient care through effective use of Point of Care Ultrasound (POCUS).

Learning outcomes:

- The FAMUS syllabus and accreditation process
- Basic ultrasound physics and knobology
- Lung pathology
- Abdominal / lung ultrasound
- DVT scanning vascular access

Accreditation: Society for Acute Medicine, Royal College of Anaesthetists

Cost: £200

FAMUS Heart

F2F

Duration: 7.5 hours

Target audience: Healthcare professionals in Acute Medicine, Intensive Care, Emergency Medicine, and related fields looking to advance their ultrasound capabilities.

About: FUSIC Heart (Focused Ultrasound for Intensive Care – Heart) is an accredited course designed to equip healthcare professionals with essential skills in cardiac ultrasound within intensive care settings.

Learning outcomes:

- USS physics / knobology
- Haemodynamic integration
- Practical sessions
- Standard views

Accreditation: Intensive Care Society & Royal College of Anaesthetists

Cost: £200

The James Cook Regional Anaesthesia Workshop

F2F

Duration: 22.5 hours

Target audience: Anaesthetics, trainees, Nursing, other allied health professionals.

About: A hands on experience to ensure attendees leave confident to perform safe ultrasound guided regional anaesthesia or use of ultrasound in various aspects of anaesthesia and emergency medicine.

Learning outcomes:

- Competency in block performance
- Safe and effective practice
- Understanding of local anaesthesia principles
- Specific skills

Accreditation: Royal College of Anaesthetists and ESRA Diploma

Cost: £425



Surgery

Basic Surgical Skills

F2F

Duration: 15 hours

Target audience: Foundation year 1 doctors, Core Trainees level 2, Surgical Care Practitioners, First Surgical Assistants.

About: Basic Surgical Skills is strongly recommended for trainees who are about to embark on their first surgical position. A hands-on course will develop a range of core surgical skills and techniques.

Learning outcomes:

- Demonstrate safe operating techniques
- Use a variety of surgical knots safely and effectively
- Confidentially handle and use surgical instruments
- Handle tissues confidently with due regard to their unique properties
- Use endoscopic instruments in a practical and safe way, and more!

Accreditation: Royal College of Surgeons

Cost: £650

Orthopaedic External Fixators Course

F2F

Duration: 15 hours

Target audience: Registrars (ST3 to ST5), CT1 and CT2, and medical students interested in orthopaedics.

About: This orthopaedic course combines both lectures and practical workshops for an interactive experience. The course focuses on teaching the principles, applications, and practical skills related to using external skeletal fixation for fracture management.

Learning outcomes:

- Ankle spanning and tibia
- Knee spanning / femoral external fixation
- Pelvic binders and external fixation
- Circular frames
- Upper limb external fixation

Accreditation: Royal College of Surgeons

Cost: £100

Surgery

Basic Practical Skills in Obstetrics and Gynaecology

F2F

Duration: 15 hours

Target audience: ST11–ST3 trainees and foundation years 1 and 2 with an interest in obstetrics and gynaecology.

About: This practical skills course is designed to introduce trainees to safe surgical techniques and obstetric clinical skills in a structured workshop environment. The course is standardised to ensure that common objectives, content structure, and assessment methods are followed and can be linked to the Royal College of Obstetrics and Gynaecology.

The format enables trainees to focus on hands-on skills while in the classroom, with pre-course e-learning materials that include videos and assessments. The course also looks at human factors and enhanced recovery principles.

Learning outcomes:

- Spend more time practicing basic operative obstetric and gynaecological skills
- Learn about new topics such as human factors and enhanced recovery pathways
- Complete the mandatory requirements in ST3

Accreditation: Royal College of Obstetrics and Gynaecology

Cost: £675



Major incident

Major incident Medical Management and Support Course (MIMMS)

F2F

Duration: 15 hours with a 7.5 hour flexible online component

Target audience: Hospital staff responsible for planning, training and managing aspects of a major incident.

About: This course helps prepare staff to pivot the hospital to major incident planning. Emergency planners often take away significant numbers of ways to improve their plans from this course. Front-line clinicians increase their confidence, so they respond optimally.

Learning outcomes:

- Understand and able to implement and follow the seven principles encapsulated in the CSCATTT approach to successfully managing major incidents
- Understand the need for major incident training – focusing on those aspects of the plan which do not occur in a day-to-day practice i.e., command, control, communication and triage
- Able to deliver the medical support needed for major incidents in the hospital setting

Accreditation: Advanced Life Support Group

Cost: £350



Career development

Unconscious bias

F2F

Duration: 3 hours

Target audience: All staff.

About: An introduction to the topic of unconscious bias and the impact this can have on individuals, colleagues, service users, and customers.

Learning outcomes:

- Define what is meant by 'unconscious bias.'
- Discuss the impact in the context of a work setting
- Examine the effects of unconscious bias on our day-to-day behaviours in the workplace and decision-making
- Develop an insight into your own unconscious bias
- Identify ways to take compensatory action

Accreditation: CPD accredited

Cost: Price available on request and venue dependent

Constructive conversations

F2F

Duration: 2.5 hours

Target audience: All staff.

About: Gain the confidence and skills to hold real and effective conversations, even when they are challenging. Focus on preparation and understand and manage your own and others' emotions to achieve an effective outcome.

Learning outcomes:

- Identify what a real and challenging conversation is
- Consider how to prepare for an effective conversation
- Identify and apply personal qualities and recognise emotions when communicating
- How to use appropriate language and phrases to ensure a productive conversation
- How to close a conversation and move forward
- Understand the importance of valuing your personal well-being
- Explore the impact of different behavioral styles in a conversation.

Accreditation: CPD accredited

Cost: Price available on request and venue dependent

Career development

Customer experience

F2F

Duration: 2 hours

Target audience: All staff.

About: This course highlights the importance of delivering excellent customer service both face-to-face and over the phone. It helps participants develop a clear understanding of organisational values and behaviours and the positive impact these have on service quality and customer experience. Additionally, the course explores effective strategies for managing challenging situations and handling difficult calls with confidence and professionalism.

Learning outcomes:

- Identify essential call-handling techniques and interpersonal skills needed for managing patient interactions over the phone
- Explain the role of empathy, tone of voice, and body language in communication and service delivery
- Identify what good and bad customer service is
- Consider challenges such as difficult calls and communication barriers
- Recognise the importance of confidentiality in patient interactions
- Explore the Trust values and behaviours, showing how they improve patient and customer care
- End an interaction on a positive note, leaving a lasting good impression

Accreditation: CPD accredited

Cost: Price available on request and venue dependent



Career development

Meeting essentials

F2F

Duration: 1.5 hours

Target audience: All staff.

About: This course is designed to equip you with the skills to confidently plan, prepare for, and conduct meetings that are both engaging and effective. You will learn to manage meeting dynamics and record clear, concise notes, enabling you to produce accurate minutes and track action items to completion.

Learning outcomes:

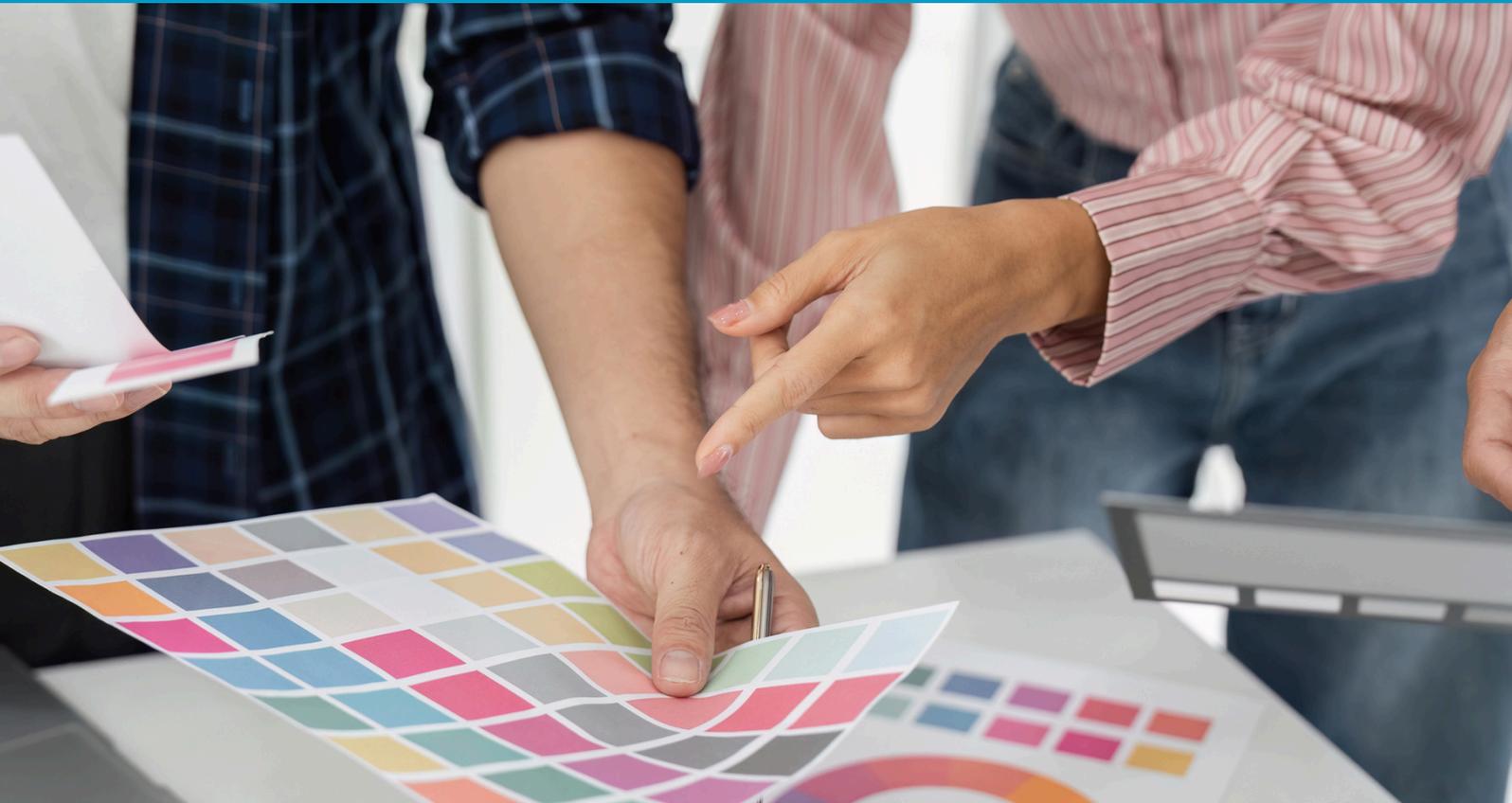
- Understand the key elements that make a meeting successful and the purpose of keeping a meeting record
- Develop a standard format for creating and using an effective agenda to prepare for and structure a meeting
- Apply active listening skills to identify and capture the most important information during discussions
- Select and use a variety of note-taking techniques to record clear and concise notes in any meeting format (in-person, virtual, or hybrid)
- Identify ways to manage group dynamics and navigate conversations that may go off-track
- Draft, refine, and present clear and accurate minutes in a standard format
- Successfully allocate tasks and actions, and ensure all follow-up items are managed effectively
- Bring a meeting to a close and review, and distribute notes to all attendees

Accreditation: CPD accredited

Cost: Price available on request and venue dependent



Career development



Workplace dynamics & professional behaviours

F2F

Duration: 2.5 hours

Target audience: All staff.

About: To introduce professional conduct and behaviours in health care and highlight the impact on individuals and teams. This session will help you understand your own and team's behaviours in a professional setting.

Learning outcomes:

- Understand and define professional conduct
- Identify what unprofessional behaviors are
- Discuss the importance of professional behaviors and the positive impact
- Refresh knowledge of policies regarding behaviours for example the 'Code of Conduct'
- Understanding how unprofessional behaviours can affect your wellbeing
- Develop strategies to improve personal professional conduct and improve effective communication within your team and beyond

Accreditation: CPD accredited

Cost: Price available on request and venue dependent

Conferences

Do you know we also deliver a range of high-profile conferences?

If you are interested in delivering a conference or want to turn your idea into reality, get in touch with our highly skilled events team

- Venue sourcing and liaison
- Budget and finance
- Event marketing and distribution
- Speaker management
- Delegate management
- Transport and hospitality
- Accreditation
- Sponsorship and funding
- One the day / front of house
- Audio visual and media

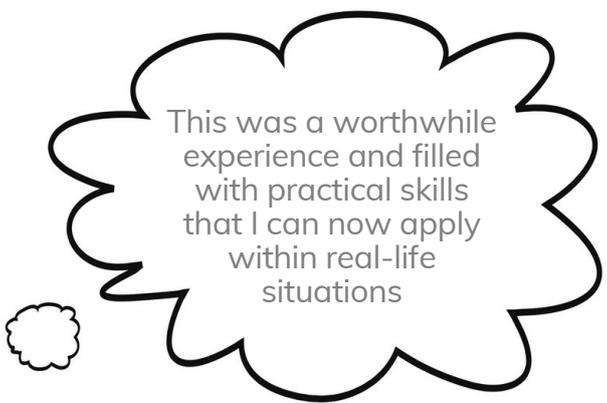
Testimonials

What do our clients say?



I had an incredible experience with this training course. Content was insightful, well-structured, and highly applicable to my professional growth

March 2025



This was a worthwhile experience and filled with practical skills that I can now apply within real-life situations

January 2025



Participating in the resuscitation training course was truly eye-opening and invaluable. The hands-on practice and clear instructions boosted by confidence in emergency situations

April 2025



The instructors were so knowledgeable and approachable, creating a supportive environment for me to learn. Thank you amazing course!

June 2025



Would highly recommend to colleagues the day was brilliant from start to finish. Would look at other training to attend

July 2025



Thank you what a professional training course with such knowledgeable faculty. Fantastic!

August 2025

Want to stay updated on upcoming dates?

Sign up to our mailing list:

uht.events@nhs.net or visit events.southtees@nhs.net